

Title: Coping with Coronavirus: The Importance of Exercise for Covid Long Haulers

Type:	Interstitial/Promo
Subject(s):	Coronavirus
Project Contact:	Name: Frances Hernandez Company: South Florida PBS Email: news@southfloridapbs.org
Original Broadcast/Publish Date:	12/23/2020
Runtime:	00:01:00
Main Asset File Size:	0.63 GB
Short Description:	Exercise is vital to stay healthy especially for people who are COVID 19 long-haulers
Long Description:	Exercise and physical activity are a necessary part of a healthy life but staying active is essential for those who are considered COVID 19 long-haulers
Production Credits:	N/A
Rights Information	
Media Rights:	All manner and media
Territory (*Please note: all internet exploitation of this program must be geo-limited to the specified territory):	Worldwide
Term:	In perpetuity
Releases:	Unlimited
Editing Allowed?:	No
Digital Classroom Rights?:	Yes
Promotional Use:	No
Lower Thirds:	N/A
Sensitive Material:	N/A
Special Instructions:	Video file contains slate and begins at 01:00:00:00 TC. Closed Caption file is embedded in video file.
File Clean of Graphics:	No
Language:	English
Embed Code:	N/A